



Summer Scholars

RISE SUMMER SCHOLARS PROGRAM WEEK 3



Join us in Scientific
Exploration, Character
Building, Virtual
Engagement, & more!

TALITHA ANYABWELÉ



Themes for Cultivating the Genius

DAILY THEMES

with Muslimah

MINDFULNESS MONDAY

Morning
Routine
Guided
Meditations
RISE Virtual
Rituals
Affirmations

TEAMWORK TUESDAY

Virtual
Engagements
Collaborative
Activities &
Games
Announcements
of Challenges
and Upcoming
Events

WONDER-FULL WEDNESDAY

MiMi & Mir,
The Glad
Scientists
Exploring the
Wonders of the
World
Exploring the
Wonders of
Imani Geniuses

THOUGHTFUL THURSDAY

Highlights of
Acts of
Compassion
Highlights of
Innovative and
Creative Imani
Genius ideas

FREEDOM FRIDAY

Reading with
MiMi
Free Resources
Focus on Imani
Genius
Autonomy
Celebrate RISE
Superstars!

DISTANCE EDUCATION

Tips for teaching from home

PREPARE IN ADVANCE

If you expect to teach remotely in the near future, look at the curriculum in advance and prepare lessons for the weeks ahead.

Opt for content that's easily accessible online, in a variety of mediums.



SCHEDULE STUDENT CHECK-IN TIMES

Set time when you and your students can touch base and have them prepare questions they had during the exercises.

Make use of video conference tools that allow for multiple people to dial in.



SET UP A WORK ZONE

Set up a comfortable, well-lit area and designate it for work.

Avoid working from the couch or bed - when it is time to relax your brain might find it hard to shut off work thoughts.



CREATE AN ONLINE QUIZ

Check in on your students' learning progress through online methods.

Use a tool like Google Forms to make an online quiz any student can fill out with their device.



OVER-COMMUNICATE

Set out your expectations clearly in all relevant communication channels.

Make sure students know exactly where to receive their assignments, submit their work, or ask questions.



BE FLEXIBLE

Be empathetic of the home situation of students as some may not have available adult supervision or reliable internet.

If students need special support, be open to their unique needs.



RISE Summer Scholars Program

8 WEEK OVERVIEW

All Grades

THEMES

Week 1: My Family
Week 2: My Community
Week 3: Freedom (Juneteenth)
Week 4: Entrepreneurship (The Talk)
Week 5: Independence Today
Week 6: The Artist in Me
Week 7: All That I Am
Week 8: Where Are We In The Universe?

PRINCIPLES OF THE WEEK

Week 1: Umoja- Unity
Week 2: Kujichagulia - Self-Determination
Week 3: Ujima-Collective Work & Resp.
Week 4: Ujamaa-Cooperative Economics
Week 5: Nia- Purpose
Week 6: Kuumba-Creativity
Week 7: Imani-Faith
Week 8: Harambee-All Pull Together

MONTHLY CHALLENGE FOCUS

JUNE - READING WITH MIMI CHALLENGE

JULY - ARCHITECTURE CHALLENGE WITH RECYCLABLE ART

SANKOFA CARDS

Week 1: Familial Hero
Week 2: Mother Clara Hale
Week 3: Harriet Tubman
Week 4: Annie Malone
Week 5: Jack Johnson
Week 6: Mbogeni Buthelezi
Week 7: Norbert Rillieux
Week 8: Katherine Johnson

READING WITH MIMI BOOKS FOR PREK-2ND GRADES

Week 1: So Much by Trish Cooke
Week 2: Counting on Community
Week 3: Dad, Who Will I Be?
Week 4: Look What Brown Can Do!
Week 5: Black Jack: Ballad of Jack Johnson
Week 6: Hey Wall by Susan Verde
Week 7: Black Girls, Brown Girls, What Can You Be?
Week 8: Hidden Figures or The Undefeated

READING WITH MIMI BOOKS FOR 3RD-5TH GRADES

Week 1: Kinda Like Brothers
Week 2: Before She Was Harriet
Week 3: All Different Now or The Story of Juneteenth: An Interactive Adventure
Week 4: "A Friend to All Mankind:" Mrs. Annie Turnbo Malone or A Vision of Beauty
Week 5: Blacksmith's Song
Week 6: The Thing About Bees: A Love Story
Week 7: The Undefeated or One Crazy Summer
Week 8: Katherine Johnson (You Should Meet)

What is JUNETEENTH?

A CELEBRATION OF EMANCIPATION



RISE Summer Program
WEEKLY CHECKLIST
Week 3
All Grades

THEME
AFFIRMATION

Theme: Freedom
Affirmation or Proverb: "If your mouth is in someone else's kitchen, it cannot get its independence."
- African Proverb

PRINCIPLE OF THE WEEK



Ujima- Collective Work & Responsibility

To build and maintain our community together; to make our brother's and sister's problems our own.

MONTHLY CHALLENGE FOCUS

JUNE - JOIN THE READING WITH MIMI CHALLENGE. READ AS MANY BOOKS AS YOU CAN AND KEEP RECORD OF EACH ONE. SUBMIT YOUR BOOK REVIEW AND FINAL BOOK LIST BY THE 30TH OF EACH MONTH FOR A CHANCE TO WIN \$100.

ART PROJECT

Juneteenth Tea Cakes

Option A: Join us making Juneteenth Tea Cakes or

Option B: the Juneteenth flag..

READING WITH MIMI
BOOK OF THE WEEK

Visit the [Reading With MiMi Amazon Book List](#) or the [Baby BBoys & BGirls Read Too List](#) to purchase:
"All Different Now" by Angela Johnson
"Dad, Who Will I Be?" by G. Todd Taylor
"The Story of Juneteenth" by Steven Otfinoski

SCIENCE EXPERIMENT OR FIELD TRIP

Wear your [Imani Genius Juneteenth tee](#) and join us from afar for a soulful Juneteenth Tea Party to celebrate Juneteenth on Thursday, June 18, 2020. Share pictures of the soul food you prepared with your family to celebrate. Tag pictures #RISEJuneteenth.

RISE Summer Program
WEEKLY OVERVIEW
Week 3
Pre-K-Kindergarten

MINDFULNESS MONDAY
WRITING OR DISCUSSION PROMPTS

Watch [Bebe's Kids-Freedom](#)
What is Freedom to you?
What are some ways you enjoy
your freedoms now?
What stops you from feeling free?

WONDER-FULL WEDNESDAY
SCIENTIFIC EXPLORATION

Key Vocabulary
freedom
ancestor
Juneteenth
Soul Food
(Use the enclosed recipe to prepare
Tea Cakes for tomorrow's Juneteenth
Tea Party.)

TEAMWORK TUESDAY
PHYSICAL EDUCATION

Join Us in at least one of the activities:
[African Dance Instructional Workout](#)
<https://youtu.be/kl8KuW0K25I>

Discovery Walk- Introduce the
Underground Railroad and how Harriet
Tubman endured the trek dozens of
times.

THOUGHTFUL THURSDAY
FREEDOM CONCEPTS

Share [Harriet Tubman presentation](#).
Who was Harriet Tubman? How did
she contribute to our freedom? Who
was she before she became our
heroine? What was her role in our
emancipation? Watch [The Harriet
Tubman Animated Story on YouTube](#).

TEAMWORK TUESDAY
ART PROJECT

My Symbol of Freedom
Watch [Reading With MiMi: Before
She Was Harriet](#). Create your artistic
symbol of freedom using the
Juneteenth flag for inspiration.

FREEDOM FRIDAY
VOCAB/SPELLING WORDS

1. free
2. me
3. seed
4. be
5. see

Bonus: meet

Watch [Reading With MiMi: Lil' Dan,
The Drummer Boy](#)

RISE Summer Program

WEEKLY OVERVIEW

Week 3

1st-2nd Grades

MINDFULNESS MONDAY WRITING OR DISCUSSION PROMPT

Watch [Oh Freedom by Chester Children's Choir.](#)

What is Freedom to you?

What are some ways you enjoy your freedoms now?

What stops you from feeling free?

WONDER-FULL WEDNESDAY SCIENTIFIC EXPLORATION

Key Vocabulary

freedom

ancestor

Juneteenth

Soul Food

(Use one of the enclosed recipes to prepare soul food.)

TEAMWORK TUESDAY PHYSICAL EDUCATION

Join Us in at least one of the activities:

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Discovery Walk- Introduce the Underground Railroad and how Harriet Tubman endured the trek dozens of times.

THOUGHTFUL THURSDAY FREEDOM CONCEPTS

Share [Harriet Tubman presentation.](#)

Who was Harriet Tubman? How did she contribute to our freedom? Who was she before she became our heroine? What was her role in our emancipation? Watch [The Harriet Tubman Story on YouTube.](#)

TEAMWORK TUESDAY ART PROJECT

My Symbol of Freedom

Watch [Reading With MiMi: Before She Was Harriet.](#) Create your artistic symbol of freedom using the Juneteenth flag for inspiration.

VOCAB/SPELLING WORDS FREEDOM FRIDAY

1. read
2. eat
3. sea
4. tea
5. meat

Bonus: treat

Watch [Reading With MiMi: LiL' Dan, The Drummer Boy](#)

RISE Summer Program

WEEKLY OVERVIEW

Week 3

3rd-4th Grades

MINDFULNESS MONDAY WRITING OR DISCUSSION PROMPT

Watch [Oh Freedom by Chester Children's Choir.](#)

What is Freedom to you?

What are some ways you enjoy your freedoms now?

What stops you from feeling free?

WONDER-FULL WEDNESDAY SCIENTIFIC EXPLORATION

Key Vocabulary

freedom

ancestor

Juneteenth

Soul Food

(Use one of the enclosed recipes to prepare soul food.)

TEAMWORK TUESDAY PHYSICAL EDUCATION

Join Us in at least one of the activities:

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Discovery Walk- Introduce the Underground Railroad and how Harriet Tubman endured the trek dozens of times.

THOUGHTFUL THURSDAY FREEDOM CONCEPTS

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Who was Harriet Tubman? How did she contribute to our freedom? Who was she before she became our heroine? What was her role in our emancipation? Watch [The Harriet Tubman Story on YouTube.](#)

TEAMWORK TUESDAY ART PROJECT

My Symbol of Freedom

Watch [Reading With MiMi: Before She Was Harriet.](#) Create your artistic symbol of freedom using the Juneteenth flag for inspiration.

VOCAB/SPELLING WORDS FREEDOM FRIDAY

1. Civil War
2. territory
3. enslavement
4. celebration
5. freedom

Bonus: emancipation

Watch [Reading With MiMi: LiL' Dan, The Drummer Boy](#)

RISE Summer Program
WEEKLY OVERVIEW
Week 3
4th-5th Grades

MINDFULNESS MONDAY
WRITING OR DISCUSSION PROMPT

What is freedom to you?
Do you feel we are free as a
community (African people)?
What limits our freedom?
Watch [Nina Simone's explanation
of freedom on YouTube.](#)

WONDER-FULL WEDNESDAY
SCIENTIFIC EXPLORATION

Key Vocabulary
freedom
ancestor
Juneteenth
Soul Food
(Use one of the enclosed recipes
to prepare soul food.)

TEAMWORK TUESDAY
PHYSICAL EDUCATION

Join Us in at least one of the activities:
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Discovery Walk- Introduce the
Underground Railroad and how Harriet
Tubman endured the trek dozens of
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THOUGHTFUL THURSDAY
FREEDOM CONCEPTS

Share [Harriet Tubman presentation.](#)
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TEAMWORK TUESDAY
ART PROJECT

My Symbol of Freedom
Watch [Reading With MiMi: Before
She Was Harriet.](#) Create your artistic
symbol of freedom using the
Juneteenth flag for inspiration.

VOCAB/SPELLING WORDS
FREEDOM FRIDAY

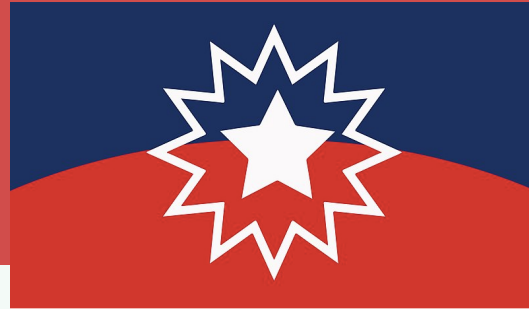
1. emancipation
2. proclamation
3. Civil War
4. Confederate
5. abolitionist

Bonus: secession

Watch [Reading With MiMi: LiL' Dan,](#)
[The Drummer Boy](#)

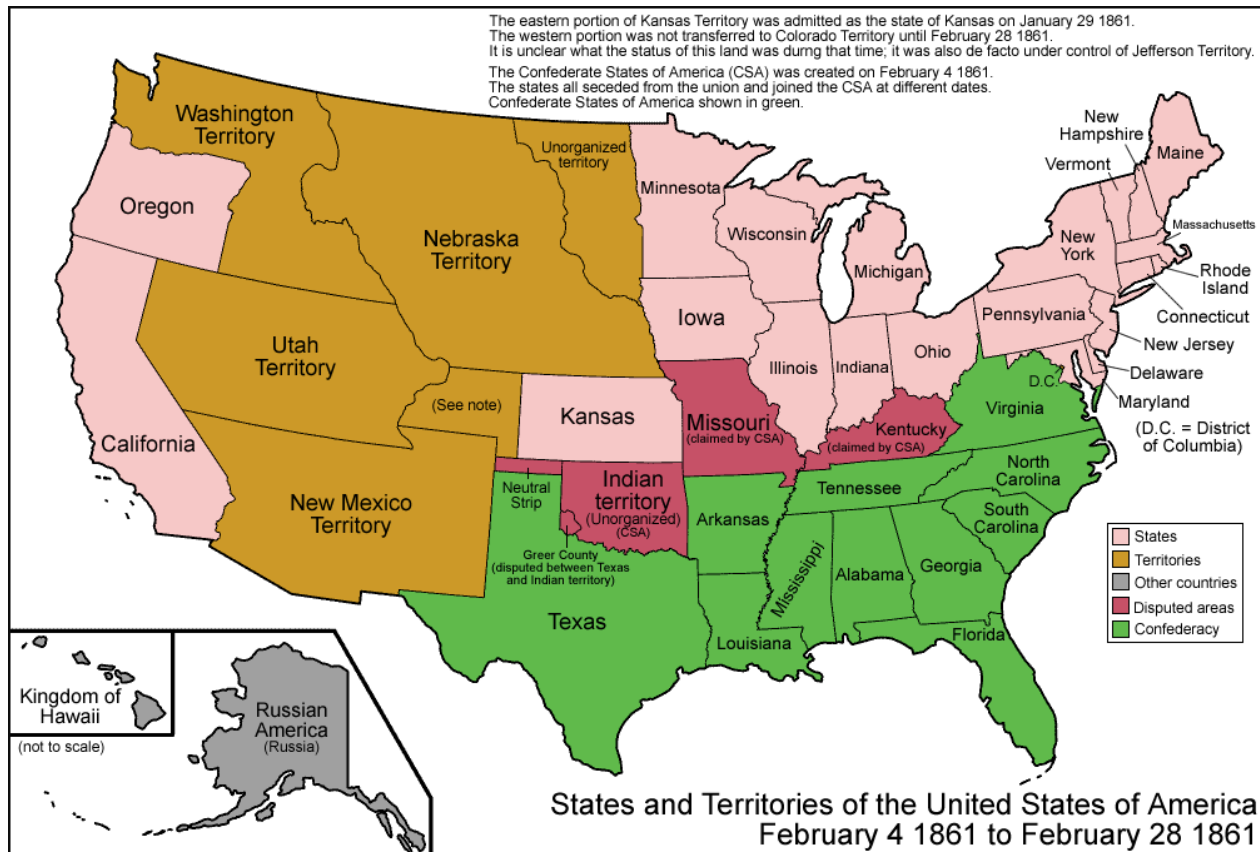
FACTS ABOUT JUNETEENTH

A CELEBRATION OF EMANCIPATION



- The Emancipation Proclamation was signed on September 22, 1862 and became law on January 1, 1863, declaring the end to chattel slavery.
- The Civil War was fought to preserve the Union (North) and secede the Union and keep slavery (South) in the Confederate States of America.
- The Civil War began in 1861 soon after the inauguration of President Abraham Lincoln and ended in 1865 with the surrender of Robert E. Lee to Ulysses S. Grant.
- The 13th Amendment, abolishing slavery, was passed by Congress on January 31, 1865.
- Former enslaved ancestors who either escaped or were freed joined the Union Army as volunteers and fought for our freedom.
- Many of those African soldiers helped to spread the news of the Emancipation Proclamation throughout the South, including Texas, but it wasn't until General Gordon Granger arrived in Galveston, Texas on June 19, 1865 with 2,000 Union soldiers that many of the enslaved in Texas were informed of their freedom.
- "Juneteenth" was originally coined because it was uncertain which date in June was most pivotal in the news spreading through Texas, the last state to keep our ancestors enslaved. It is a combination of June and the 19th.
- 45 out of 50 states recognize Juneteenth as a holiday, though it's not recognized nationally.
- The color most associated with Juneteenth is red in honor of the blood of our ancestors. Celebratory traditions include soul food, tea cakes, and hibiscus tea.
- The Juneteenth Flag represents "a star of Texas bursting with new freedom throughout the land, over a new horizon.... The Juneteenth Flag is created with American red, white, and blue colors" to symbolize that after building this country, Africans here are also American.

The State of the Union in 1861



An Artistic Expression of Freedom



Juneteenth Tea Cakes

AN AFRICAN AMERICAN TRADITION



SOUTHERN TEA CAKES

The best (and easiest) Southern Tea Cakes Recipe (or tea cake cookies recipe) is here! You will feel like you are right in the South after making and serving these, not to mention eating them.

By Jocelyn Delk Adams

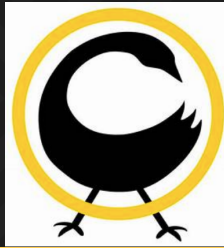
Ingredients

- 1 stick unsalted butter room temperature
- 3/4 cup granulated sugar
- 1 large egg at room temperature
- 2 teaspoons pure vanilla extract
- 1 1/2 cup all-purpose flour
- 1/4 teaspoon salt
- 1/4 teaspoon baking soda

Instructions

1. In a medium sized bowl, whisk together the flour, salt and baking soda and set aside.
2. In the bowl of your mixer, add butter and sugar and mix together on high speed until fluffy and smooth (about 4-5 minutes).
3. Turn mixer to medium speed and add in one egg and vanilla extract and beat until well incorporated.
4. Lastly, turn mixer to slow speed and add in flour mixture in intervals of three beating after each addition to incorporate.
5. After dough is well mixed, turn off mixer and remove dough from mixer and add to a ziploc bag and place in your refrigerator for at least one hour to firm up dough.
6. Once dough is firm, remove from fridge and preheat your oven to 325 degrees.
7. Line your cookie sheet with parchment paper.
8. Taking a measuring tablespoon, scoop out cookie dough the size of the tablespoon and roll into a ball. Using your thumb, gently press the center to flatten a bit and place on the tray.
9. Do the same for the rest of the dough leaving at least an 1 1/2 inches between each dough ball.
10. Bake for 9-11 minutes until golden brown on the edges and remove from the oven.
11. Cool for 5-10 minutes and serve.





HARRIET TUBMAN



- Born enslaved in Dorchester, MD
- Died free in 1913 in Auburn, NY
- Changed her name from Araminta to Harriet to honor her mother and hide.
- Union spy
- helped to free hundreds of enslaved people using the Underground Railroad.